



*Friendship
means understanding,
not agreement.*

*It means forgiveness,
not forgetting,*

*It means the memories last,
even if contact is lost.*

From: Thebookofquotes.blogspot.com.

**General Meeting
Tuesday, January 15, 2019**

**Where: City/County Gov Bldg
2001 S State Street, SLC**

Social (Potluck): 5 :45 PM

Business Meeting: 6:30 PM

LOOKING AHEAD

You have a lot of opportunities for 2019. Have you planned for them? January is the time to look to the future and that is what this meeting will be about.

Find out how you can navigate the Friendship Force websites. You will learn more about what we can do, what we have done, what we should do, and how to take advantage of the opportunities that are out there for Friendship Force members.

The Board has come up with some interesting ideas for this year. The time for planning is now. We need YOU to make our ideas work! Please come and give your input as we explore the future possibilities for our club.

What's Inside

2—President's Message; What parts of U.S. are you interested in visiting or hosting; FF International Conference, July 23-27;

3—About Our Club; Officers & Board Members; Calendar of Events

4—Utah Parks Global Journey April 28-May 10th

5—A Whiskey Tour; Treasurer's Report; Membership Committee Report

6—Making New friends through Friendship Force; Christmas Party Photos

7—FF Utah Volunteers 2019

Membership Dues

If you have not paid your dues or would like to join Friendship Force please use this link:
<http://www.friendshipforceofutah.org/contact.html>

Print the membership form and mail it as indicated on the form OR bring it to the meeting on January 15th.

In friendship, *Lynn & Margret*

FF-Utah President's Message

Jennifer Allred



“Make New Friends But Keep the Old”

Any former Girl Scouts out there? This was a song that still resonates in my head from those scouting days! Funny how I find myself in a group called “Friendship Force” so many years later!

As much as I tout the benefits of the connections we make with people around the world in Friendship Force, I want to remind you, and myself, that making new friends is often why new people come to our meetings.

If friendliness is one of our goals, then we need to practice reaching out to all guests and talking to them. No one should be sitting alone at our meetings.

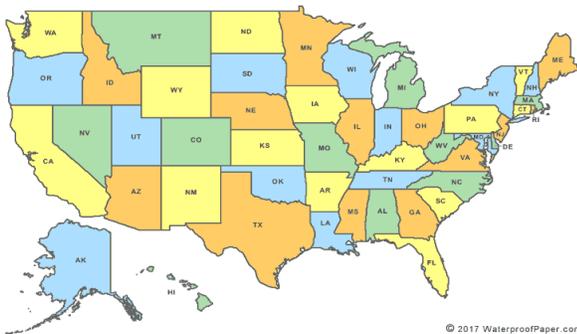
This January we will be talking about the opportunities that Friendship Force offers us. It would be a good time for that friend of yours who likes to hear about your adventures to attend a meeting. Why not invite him or her to come with you to our January 15th meeting?

And as long as we are on the subject, let's try sitting with or visiting with some “new” friends this month. Before you sit down to catch up with old friends, move around and say hello to someone you don't know very well. You will be rewarded!

Don't Forget the “Friend” in Friendship Force!

What part of the U.S. are you interested in visiting or hosting?

We need to look for a domestic journey for next year, both incoming and outgoing.



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Friendship Force International World Conference in Boulder, Colorado —July 23-27, 2019

Registration is now open for this WORLD CONFERENCE. The all-inclusive cost is \$500 that includes accommodations at dorms at the University of Colorado.

Nine or ten of us are going. Some of us will be driving there so rides are possible. Let's represent the UTAH part of the Rocky Mountain Region of Friendship Force!

About our Club

Club meetings are held the third Tuesday of January, March, May, July, September and November at 2001 South State Street, SLC. Use the East entrance at the north end of South Building where free parking is available. If the door is locked, go to the North building, sign in and get directions to the Atrium.

Social, 5:45 PM ; Meeting, 6:30 PM

2018 Officers & Board Members

President — Jennifer Allred

UtahFriendshipForce@gmail.com

AllredJennifer@gmail.com

Secretary — Christine Allred

christine@allreds.net

Treasurer — Don Niederhauser

DonandBetsy05@yahoo.com

Social Chair — Shirley Scholz

smscholz1@hotmail.com

Membership Co-Chairs

Lynn Muller & Margret Boes-Ingraham

lynnmichele924@gmail.com

deltadoug44@gmail.com

Member-at-Large—Orion Sherwood

Margeorion@msn.com

Alternate Social Events — Carol Milliken

milliken@xmission.com

Past President — Judy Cohen

Judycohen@xmission.com

Newsletter Editor—Dana Hughes

dana92141@comcast.net

Calendar of Events

2019

FF-Utah General Meeting: January 15

City/County Gov Bldg.

Alternative Social Event — February 23

High West Distillery, Wanship, UT

Incoming Global Journey 2019

Discover Utah's National Parks- April 28 –May 10

FF International Conference—July 23-27

Boulder, Colorado

Outgoing Journey

Tamworth, Australia/ Thames, New Zealand

Late October — November, 2019



friendship force

INTERNATIONAL

Experience different views.
Discover common ground.

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Utah Parks Global Journey April 28-May 10th

Jennifer Allred

This year our opportunity to show off Southern Utah is here. Twenty-two ambassadors are signed up for our Incoming Global Journey. New Zealand, Australia, Great Britain, Texas, Florida, Nevada, Washington State and Washington DC, Pennsylvania and Georgia are all represented. With eight couples, that means we need 8 members to host a couple and four or five members to host one or two singles.

The plan is for each of us to host an ambassador for one night, including providing breakfast, and the same ambassador will return 11 days later for one more night. The Welcome Party and Farewell Party will take care of dinner and you will only be asked to provide a breakfast and ride to the airport the final day. This is an opportunity for anyone who hesitates to home host, or who feels that they don't have the time. Anyone can manage two nights!

A few of the ambassadors who have signed up want to come a day earlier in order to see the Tabernacle Choir on Sunday morning (the official first day of the journey). That would involve a two night stay and some assistance with Sunday, perhaps including a visit to "This is the Place Heritage park". We have day hosts who can help.

For the rest of the journey we need to transport them to Moab, Arches and Canyonlands, staying four nights in Moab, where we will hike and do a back country jeep tour. We will drive to Capital Reef National Park for two nights where hikes will be offered. We will stay in Torrey.

After two days we drive down Highway 12 and stop for a picnic at Petrified Forest State Park, and on to Bryce Canyon for two nights. There the guests will take the park shuttles and hike as they wish. The following day we head for home, stopping at Kolob Canyon, the northern part of Zion.

That evening, on May 9th, we have our Farewell Party and you will take your guest home again for one night.

If you want to participate on the traveling part of the journey, please sign up. Or you might want to go on part of the trip such as the Moab stay and then someone else could come down and drive along for the next part. We will be renting vans and using private cars so options are available. If you have not seen the "Big Five" parks of Utah, this may be the best opportunity you will get! And don't forget you will be making Friends from other places! Bring your calendars.

THE TIME TO COMMIT IS NOW!



Tower of Babel, Arches National Park Photo

from <https://utah.com/zion-national-park/photos>

A Whiskey Tour

Carol Milliken

Join the Friendship Force Group for a trip and tour through the High West Distillery in Wanship Utah. The distillery is only 20 minutes East of Park City. It is hoped that we can make reservations at 11am or noon for the tour. Part of the distillery is being remodeled so we might want to put it off for a later date if the project is not completed by the time we have the tour. We are planning this trip for **Saturday the 23rd of February**. We are planning to have lunch together at the distillery while we are there. No more than ten persons at a time on the tour. If we have more than 10 going we will make a reservation for a tour the next hour. No one under 21 years can go to the distillery. The tour is free but if you want to sample you will have to pay for the sample. Your fee will be \$9 to 14 dollars depending on what you sample.

If you are interested, please sign up at the January Meeting on January 15th. Be sure that we have your correct email so we can notify you of any last minute changes.

Treasurer's Report

Don Niederhauser

Our bank balance as of 1/4/19 is \$3,908.03. We have checks outstanding totaling \$350.00 resulting in a net balance of \$3,558.03 as we start the new year.

Our incoming journey from Montreal was a big success and the finances also worked out very well. After all the bills were paid, we had a net balance of \$350 remaining on that ledger. According to Friendship Force International guidelines we have refunded the \$350 to the Montreal club (which is the outstanding check for \$350).

We have also renewed with Friendship Force International by forwarding the portion of your membership dues which is due them. This totaled \$825.00. Also, our Utah non-profit corporation renewal has been accomplished and we are ready for another exciting year.

Membership Committee Report

Hello Friends,

Yes, we are the Friendship Force. We are interested in growing our membership and we encourage you to bring a friend. When you bring a friend it is so important that your friend meets other members and that everyone feels welcome. We know each of you have developed some wonderful friends through Friendship Force. What if these friends did not feel welcome when they came to one of our meetings and had not joined? We ask you to wear your membership badge so it is easier to introduce yourself to another person. As you get to know a new person maybe you will find that they have the same interest as one of your friends. This is a great time to make sure you introduce them to your friend and let them know what they have in common. Some people may feel shy coming to a new group, it is so important to visit with them. They are looking for friends or we don't believe they would be coming to one of our meetings, so again it is great to introduce yourself to anyone you do not know and visit with them for a little bit. Let's make that extra effort to live out the "Friend" in our name!

Great topics to get you started are:

Do you like to travel?

Where have you traveled?

Are you originally from Utah? Or where are you from?

We each have a role to play in this endeavor. Bring a friend and be a friend.

If you do not know someone at a meeting introduce yourself and make them feel welcome. We will be helping you to get acquainted with more people. Come and see some of the fun ideas we have come up with. Do you have suggestions? We want to hear from you!

In Friendship,

Lynn & Margret

Making New Friends through Friendship Force

Nona Bressler

Don and I have been members of Friendship Force since 1994 and have traveled on many outgoing exchanges over these years - we have also hosted many times. We find hosting, then being hosted by the same people, helps to solidify our friendships with new friends and builds more lasting and ongoing relationships.

We have friends in Australia who are wonderful hosts, they first hosted us and we returned to see them when we were back in Australia on another exchange and they have come to visit us three times. We also have friends in Germany whom we first hosted and we have visited them two more times and they have come back two more time to visit us. We always find new and different things to show them and they take us new places and introduce us to their friends and family. One visit we took them to Yellowstone National Park then on to San Francisco where their daughter had lived and worked as a nanny. She had suggested many places for them to see which we hadn't seen ourselves even though our son lives there.

Friendship Force has been a highlight in our lives, not only by hosting and being hosted but by the friends we have made in our own club!

Our Christmas Party was a success. Thanks to Carol Milliken and others for arranging the party this year. Thirty-eight members joined in the festivities. Enjoy the photos!



FF Utah Volunteers 2019

Set up

Ellen Jenkins
Anne Lemmon
Eva Bates
Lotti Wann
Christine Allred

Cooking

Anne Lemmon
Lotti Wann
Christine Allred

Clean up

Anne Lemmon
Lotti Wann
Christine Allred

Arranging Speaker

Kathy Howarth

Plan Outings

Carol Milliken Donna Mirabelli

Club Support

Telephoning

Kathy Howarth	Christine Allred	Eva Bates
Rose Novak	Nona Bressler	

Newsletter

Anne Lemmon
Dana Hughes (Editor)

Mentoring New Members

Anne Lemmon
Kathy Howarth

Serving on the Board

Social events Rose Novak

Journey Coordinator Dana Hughes

Home Hosts: Christine Allred (for short one) Carol Milliken (for short one) Eva Bates

John & Kathy Howarth	Ron & Polly Toth	Marvin & Jeanne Goldstein
Don & Nona Bressler	Judy & Rick Cohen	Betty Wycoff Rose Novak

Day Hosts: Lynn Muller Dana Hughes Kathy Howarth

Carol Milliken	Christine Allred	Donna Mirabelli	Eva Bates
Lee Flynn	Marvin & Jeanne Goldstein	Lotti Wann	Ron & Polly Toth

Transportation

Hans Lundgren	Kathy Howarth	Christine Allred	Lottie Wann
Lynn Muller	Lee Flynn	Donna Mirabelli	Marvin & Jeanne Goldstein

