



A World of Friends Is a World of Peace

*Spring is a time
to find out where you
are, who you are,
and move toward where
you are going*

From: Thesayingquotes.com

General Meeting

When: May 18

Time: 5:30 PM

Where: Murray Park, Pavilion 4
Enter from Vine St & 440 E

Program:

BYO brown bag food and drink. We will review the history of Friendship Force Utah with early scrapbooks and photos and members can share memories of their journeys with us.

What's Inside

- 2—President's message, Notes from Margret—updated directory, website
- 3—About our club, 2021 Officers, May activities, Treasurer's report
- 4—May Coffee Klatch & Walk, Way to advertise FF-Utah, 2022 journey opportunities
- 5—FF-International registration requested, Interesting facts about May, Red Butte Garden photos.

FF-U Lunch — May 24, 1 PM Carol Milliken, Coordinator

Join your FF friends at lunch, Monday May 24, 1:00 PM. We will be eating at the **Eight Settlers Distillery in Cottonwood Heights, 7321 Canyon Centre Pkwy**. The menu is on the internet and it lists rare things like "whiskey onion bacon compote." Only those who have completed their Covid inoculations are invited. Do not miss this exciting new restaurant and distillery. You may purchase Whiskey, Bourbon, Vodka and Gin at the distillery store. **Sign up a week ahead** so I know how many to make reservations for. **Last day to sign up will be May 18.**

RSVP— Email: Milliken@xmission.com



PRESIDENT'S MESSAGE—Anne Lemmon

It's May. While our Friendship Force journeys have been shorter, often only from our kitchens or lounge chairs to our computers, our club has survived the winter, and the days are getting longer. Now, while not yet returned to normal, we have opportunities for gathering outdoors. That's a big help for our social selves and cabin fever.

Our group "busyness" has been progressing as usual. A couple of projects have been happening behind the scenes, an effort led by Jennifer to reduce our "paper" history of scrapbooks, to smaller collections that can be scanned to preserve major milestones. This project is the focus of our May meeting when we hope some longtime members can identify (and enjoy) photos of former members from earlier years. Jennifer also has a list of our Utah Club journeys to the present. See General Meeting, page 1.

A second effort has been to update our member directory, including the addition of a few notes about members' interests and FF contributions. Margret, our tech guru, has borne the major burden of adapting our contact files to directory format and adding the notes (Thank you Margret). Anne and Rose helped by calling members to verify their contact info and collecting notes. We both found this activity rewarding. We had interesting, enthusiastic conversations with the members we spoke to, and everyone was gracious and cooperative.

Meanwhile, Jennifer has been fielding communications from National FF and updates on tentative journeys for 2022 (see her article, page 4). Our March regular meeting on Zoom was well-attended, and alternate activities were lunch at the Oasis Café hosted by Carol, and in April a tour of spring flowers at Red Butte Gardens organized by Lynn and Donna P. Our March newsletter was sent by email to save postage and distribute it sooner. Thanks to Dana for another successful effort.

I want to invite all members to volunteer for a position as journey coordinator for future incoming and outgoing journeys. There is an opening for 2022 when our ambassadors from Kenya and Tanzania plan to visit in late March or mid-July (dates TBD). See Jennifer's Journey News on page 4.

Thank you to all the fantastic members who have helped me the past few months in transitioning into the job of President. It's been as easy as waving a magic wand and the people I've asked for help have responded immediately. It been a pleasure to work with you all.

Anne

Notes from Margret

Directory— You will soon be receiving your 2021 Friendship Force Directory. **Please double check your information and respond to this email if errors.** Thanks to Anne and Rose for calling members. We have attempted to verify all information though mistakes may still exist. Along with the directory you are receiving three business cards. Please use these to pass along to someone who might be interested in FF. The cards have a bit of information about FF on the back. There is also a place for you to add your name, email and phone # that might encourage recipient to contact you. If possible also get their email and phone # so you can call and invite them to the next event. Let's share this great organization. People are going to want to start traveling and we have great opportunities for them!

Website— Always remember we attempt to get the newsletter on the website soon after it is emailed to you. The website is a GREAT way to look up things if you lose your newsletter or can't find the email with the newsletter. You can also look back at older newsletter issues.

www.friendshipforceofutah.org Just remember Friendship Force of Utah—if you put it in Google, the site will come up. There is a lot of information on the website, check it out. The contact page also contains the **member handbook**.

Cheers! Margret

About our Club

Club meetings are held the third Tuesday of January, March, May, July, September and November. Location may vary depending on the month.

Note:

We plan to resume indoor General Meetings at SL County building in September. The September General Meeting will be held in SL County building unless you are notified differently.

2021 Officers & Board Members

To contact officer below, send e-mail to

UtahFriendshipForce@gmail.com

Put name of officer you want to contact in the subject line

President — Anne Lemmon

Secretary — Donna Smith

Treasurer — Judy Cohen

Social Chair — Jeanne Goldstein

Membership—Rose Novak

Member-at-Large—Carol Milliken

Alternate Social Events Co-chairs

Lynn Muller & Donna Paulson

Technology—Margret-Boes Ingraham

Past President — Jennifer Allred

Newsletter Editor—Dana Hughes

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Upcoming Events 2021

May 10—3 Creeks Park Walk: 10 AM

Meet at International Peace Gardens parking lot at Jordan Park. See article on p. 4

May 18 —General Meeting : 5:30 PM

Murray Park, Pavilion 4

Enter from Vine Street at 440 East

May 24—Lunch with Carol Milliken: 1:00PM

Eight Settlers Distillery,

Cottonwood Heights, See page 1

July 20—Summer Picnic 5:30 PM

Knudsen Corner Park,

6293 Holladay Blvd. East

September 21 General Meeting: 6:00 PM

Salt Lake County building

Additional alternate activities will be announced via e-mail.

Treasurer's Report

Current balance is \$2168.14.

*Happy Mother's Day
May 9*

We all are or have one.

Thanks Xmission for another year

Internet services donated by  XMISSION

May Social Event: Coffee Klatch & Walk

When: Monday May 10 at 10 AM

Where: Meet at entrance to International Peace Gardens in Jordan Park, 1000 S 900 W

Parking: Ample parking south of the Peace Garden entrance.

After tea, we will stroll around the Garden and then south on the Jordan River Trail to visit the new Three Creeks Confluence Park at 1300 S & 900 W. This park is part of city plans to uncover historical waterways and improve recreational trails.

Lynn Muller & Donna Paulson

A Way to Advertise Friendship Force



Are you still advertising your car dealership? If your license plate frame says their name, you could be advertising Friendship Force instead. (it only takes a screwdriver to change your plate frame). Check out the beauty of this new license frame and email me if you want one for your car.

Allredjennifer@gmail.com

Jennifer Allred



Dana's floral photo from visit to Red Butte Garden

2022 Journey Opportunities

Domestic

Let's plan for journeys even though we know that things are uncertain for the time being. Our plans include a trip to Minneapolis and St Paul and the vicinity—mountains, seashores, and river cities. Seventeen members showed an interest in this journey, scheduled for the last week of August in 2022.

A great link to visiting Minnesota and the North Shore

https://www.exploreminnesota.com/itinerary/its-electric-road-tripping-north-shore-lake-superior-ev?utm_source=startribune&utm_medium=social&utm_content=adv&utm_campaign=facebook&utm_term=general&fbclid=IwAR2Dj0FkXSReG8akRndKOGxIN24pxcp14cKos1xAQyMpqGig8tdu2cyrFA_aem_Afri4cLzbExU_QHg1QAW5tn7MYCQyNzZxq5M3or3tSQqpapYtLwxB3IKEDCOKYrgKyr7hG8qdN5w77YAOMBNSOiUhr16oFOnHqEm2igwXCEP8-KazDJ0pxXcaHYDHEvI



A visit from Kentucky or Cincinnati? Still up in the air.

International

The arrival of Tanzanians and Kenyans is still 'on the books' for 2022. The proposed date is March 28th, 2022 but maybe delayed until July. Some of you have already arranged to host back when it was being planned for 2020 and postponed

A few of our members are interested in a return visit to Kenya and Tanzania, and a few in the San Francisco club would also consider traveling to Africa. But this journey may be postponed until 2023 or later.

JOURNEY COORDINATORS ARE NEEDED FOR THESE JOURNEYS

Jennifer Allred

Interesting Facts About May

1. The name May came from Maia, a Greek Goddess, the Goddess of fertility, Spring and growth.
2. People born in May are thought to achieve higher success and more love in their life.
3. The birthstone for May is the emerald.
4. Many days are celebrated in May beginning with **May Day** on May 1st, **International Mother's Day** on the 2nd Sunday, **Cinco de Mayo** on May 5, the **Kentucky Derby** on the first Saturday, and **Memorial Day** on the last Monday.
5. Two Zodiac signs have occupied the month of May: Taurus and Gemini.



Red Butte Garden Visit

Eight members enjoyed a visit to the garden. Various species of daffodils were prominent as were other spring bulb flowers such as hyacinths. Garden staff planted 530,000 bulbs, but deer had eaten most of the tulips. Margret and Donna P are missing from the group photos below as they took the road less travelled.

Friendship Force Registration Requested

Would you agree that meeting members in over 60 countries, participating in hosting experiences, and getting transformative travel experiences (with vetted members only) sounds like something you would like to do? Do you feel that you could enjoy meeting people regardless of nationality, ethnicity, gender, sexuality, political opinion, religion or any other difference? Would you be willing to foster mutual respect and appreciation and have a learning attitude and a spirit of adventure while being flexible with energy and enthusiasm? Friendship Force International is asking you to agree to these and other codes of behaviors, such as considering the needs of others, being open to change and a being a force for good.

If you are willing to have a positive impact and seek to further peace in all you do, you are welcomed into Friendship Force.

This year, Friendship Force International is asking all members to register on a safe and secure online platform. If you agree to participate in Friendship Force, comply with laws and accept the risks of travel, you are living up to the codes of conduct that members of Friendship Force expect. What a great organization!

Our Utah club would like you each to visit My.FriendshipForce.org and fill out the simple registration form. It's easy! Just don't forget the period after 'My'. In the future, we will need someone to coordinate and approve new members. This way we are guaranteeing that our ambassadors have the spirit of Friendship Force and hosting them will be a pleasant experience.

Jennifer Allred



Anne, Dana, Jean, Judy, Hank, Beverly



Lynn (red coat) instructs the group.