



# Friendship Force Utah

NOVEMBER - DECEMBER 2025

*A World of Friends Is a World of Peace*

## Calendar

**General Meeting & Potluck:**  
**November 18 (Tues), 5:30pm**  
SL Gov. Complex 2100 S State  
(bring your plate, utensils & cup)  
Short Cincinnati journey recap

**Holiday Party:** December 16  
(Don't forget to RSVP to  
Jeanne)

**January Meeting:** January 20,  
2026 Presentation on the Great  
Salt Lake

**February Social Gathering:**  
Let's try something new!

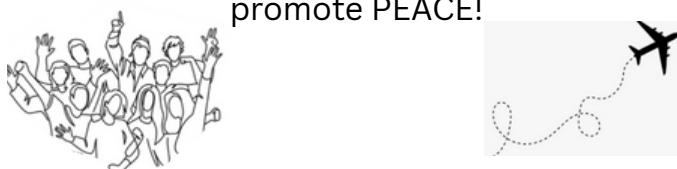
**March Meeting:** Peru  
Presentation

**Incoming Journey:** September  
8-15, 2026 Florida Sun Coast

**Outgoing Journey:** October  
2026 (1st or 2nd week) Cedar  
Rapids-Iowa Ohio

## It's Been a Great Year!

We've welcomed wonderful new friends  
from around the world and had adventures  
of our own. Lots of opportunities to  
promote PEACE!



## What's Inside

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Outbound

## January Meeting

Mark your calendars now for the January 20 meeting.  
Our presenter will be Bonnie Baxter Ph.D, from  
Westminster University. She is the founder and  
director of [The Great Salt Lake Institute](http://The Great Salt Lake Institute)



## Message from the Leadership Team

Dear Friendship Force of Utah members,

In mid-October our regional representative for the Southwest Friendship Force clubs sent us information about Friendship Force International's three-year strategic plan intended to restate its mission and keep its mission relevant.

Friendship Force has been struggling with declining numbers and financial constraints since the pandemic. The executive board for FFI has been working on a plan to address these concerns. To do so, they have hired a marketing firm to make Friendship Force more visible in today's world. They also recognize that they must also update their IT support for this effort.

**Please attend the November 18, 2025 potluck meeting next week to learn more about this effort and how it will affect us.**

There we will share what we know about the plan and get your input/questions. Information was emailed to you a few days ago so you will be prepared to discuss FFI's plan to revitalize the organization and the associated increase in fees for 2026. Your board is working on an appropriate response to the strategic plan, and we need input from all of you.

Looking forward to seeing you November 18<sup>th</sup>.

FF of Utah Leadership Council

### **-Announcement-** **Changes to Our Leadership Team**

Dana Hughes has stepped down as Newsletter Editor. Annie Eastmond is our new Newsletter Editor.

Margret Boes-Ingraham has stepped down from our Tech Support team. Betsy Heath will assume this role.

**A BIG THANKS** to Margret and Dana for serving on the board in many capacities for many years. You both are the best and deserve a well-deserved rest.

And a **BIG THANKS** to Annie and Betsy for taking on the respective positions as Newsletter Editor and Tech Support.



### **Treasurer's Report - Nov. 2025**

The current balance in the club account is \$4,600. There are no outstanding bills this month.

Thank you!

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## Holiday Party - December 16, 2025 - 5:30 p.m.

The most concerning question for me was where to take our club for our holiday party this year. We have gone to Italian restaurants for the past three years so I felt a change was needed. These were my requirements for selection:

1) affordability \$30-45 per person, 2) tasty food, 3) central location in the valley, 4) a space that would allow for some socializing and movement among people, 5) a separate room or quiet space in the restaurant so conversation could be easily heard and 6) availability of wine or beer.

At the September 16th FF meeting a list of restaurants was presented to those members present for voting. The result was a three-way tie between Per Noi Trattoria where we ate in 2023 and 2024, The Other Place which is downtown and has Greek food, and Mumbai House which is at the top of Parley's and has Indian food. Given that there was a tie, I'd like to simplify this annual question and put these three restaurants on a yearly rotation, possibly adding some Mexican restaurant as a fourth one on the rotation or some other restaurant suggested by club members. One change to be taken into account is that this year's party will be at Bombay Palace in Murray which is a more central location in the valley. It is also smaller, lighter and quieter than Bombay House and the food is excellent. Marvin and I have eaten there. Also, the service was great.

There are a few specifics to be noted about eating Indian food. You may order whatever you want off the menu and pay for it individually or as couples, but I would encourage you to get in groups of 4, 6 or 8 and order a variety of dishes to try. They will adjust the spice level to your request. I will bring a menu to the November 18th meeting so you can look it over, but the menu is also on their website [bombaypalacetwo@gmail.com](mailto:bombaypalacetwo@gmail.com) (801) 890-0112 or (801) 717-0009

**Let's enjoy some Indian food this season!**



Bombay Palace  
5468 South 900 East  
Murray, UT 84107



Jeanne Leigh-Goldstein

**Please RSVP to Jeanne soon, so she can get a head count.  
(801) 557-9366   [marvandjeanne1@gmail.com](mailto:marvandjeanne1@gmail.com)**



## Off-Month Social Get-togethers

We want to try some new activities besides restaurant meetups in 2006. How does bowling sound for February? What activity ideas do YOU have for the off-months when we aren't at our official every-other month meeting?

**Please let Carol Milliken know if you'd like to try bowling and what other activity ideas you have for the off-month social get-togethers. [milliken@xmission.com](mailto:milliken@xmission.com)**

*Gathering at Tucci's Restaurant on October 22*



## Peru Journey - August 2-20

We had 10 ambassadors for our homestay in Trujillo and 11 for Tarapoto. All the ambassadors were flexible and willing participants in the dancing and sightseeing. Our hosts were very warm and welcoming. The program they provided for us in each place was outstanding. We had six internal flights in Peru and they were all on time and it went smoothly. The weather was good so all in all it was a very excellent trip. We were met with banners, flowers and even drum beating! There was a lot of Pisco Sours and Dancing!

Before the journey some of us had a nice tour of Lima and the tour of the Sacred Valley and Machu Picchu we did as an extension was really great.

I am so proud of all the ambassadors from our club that went on this journey and represented our country and Utah. Friendship Force trips really get you into the heart of the country and connected with the people.

Margret



## NE Ohio Inbound Journey - September 6-12

Ohio club arrived for a 6 day visit. They were delightful, friendly folks. We had a busy schedule and thankfully beautiful Utah weather. We toured Salt Lake City and Park City, the state Capitol, and of course the Great Salt Lake among other activities. Through 2 nights of dinners they met many members of our club. A fun Farewell Dinner with a taco bar and music by Annie and Dan was a great way to end the journey before they traveled on to the Grand Junction club. Thanks to everyone who helped make these ambassadors welcome.

Lynn



## Cincinnati, Ohio Journey – October 8-16

For those who would ask "Why would I want to go to Cincinnati?" ten members of our club would respond enthusiastically "Because it's a great place to visit!"

From the moment we were met at the airport we knew that we were very welcome. Our hosts and other Cincinnati club members made sure that we enjoyed ourselves every day. From the first day we were kept busy. Our itinerary included the welcome dinner, potluck at a local church; a tour of the city; visits to two of the city's iconic museums; visits to two archeological sites; and a cruise on a paddle boat down the Ohio while eating great ice cream with the Cincinnati skyline to the north and the stately homes of Kentucky to the south. But as usual the best part of the journey is the lasting friends we made.

If you're not sure about visiting Cincinnati in the future, just ask one of ten who were there in October.

Judy