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Summer, 2017

Deep summer is when laziness finds respectability.

S Keen

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Summer Picnic

Date: Monday, June 26

Where: Main Pavilion

Liberty Park 900 S 700 East SLC

Directions: Pavilion is at the north end of the park. Entrance to park off 1300 South or 900 South.

Food provided:

Barbeque pork & beverage

Bring side dish with enough to serve 6-8 others.

Hope to see you there.

FF-Utah - President's Message



Welcome to summer. It's hot!

The board has been busy organizing some fun activities for the summer. We begin with a picnic in Liberty Park on Monday, June 26th at 6:00. Keep a look out for the email announcing the picnic with all the details. In August, Nona Bressler and Jennifer Allred are hosting a potluck barbecue at Nona's home. This is the opportunity for those who were out of town for the picnic to get together.

Sandwiched between the June and August socials, our club will host an Open World delegation. We will need members to home host and day host seven young people from Serbia. I hope that many of us will take this opportunity to get to know about the Serbia of today. The more we reach out and learn about others the more chances we have for peace in our world.

Judy Cohen

Summer Adventures for Club Members

The Music Man, July 28th, 8 PM, Murray City Park,

In July, Friendship Force is getting together to see "The Music Man", at the Murray City Park. It will be in the Murray Park amphitheater on Friday, July 28th. (Bring a pillow and a blanket for the stadium seating.) Play starts at dusk (8PM) and the cost is \$8 for seniors and for children. Come early and enjoy the shady park!

Ticket Information: 801-264-2614 or www.murray.utah.gov Tickets may be purchased at the Murray Parks & Recreation office or at the door. Tickets are available through the Murray Parks Office, 296 E Murray Park Avenue, Murray, UT 84107. Tickets for select events may be purchased online through Regtix.

Parking is at 495 East 5300 South

Summer Barbecue: August 15th, 6:30—9:00 PM

Friendship Force is having a summer barbecue at Don & Nona Bressler's home on August 15th. (That is the third Tuesday in August.) Nona will provide some iced tea or lemonade and a barbecued beef brisket.

Your job will be to bring a side dish or dessert or a bottle of wine or beer if you like.

Let's get together and relax in Nona's back yard in the heat of summer!

Nona's address is 451 East Holstein Way. Holstein Way comes off of 5900 South at about 740 east. It is a short road to the north of 59th South in Murray. Her phone number is 801-261-1561

The time will be 6:30-9:00. Everyone is invited. Lets do it!

About our Club

Club meetings are held the third Tuesday of January, March, May, July, September and November at 2001 South State Street, SLC. Use the East entrance at the north end of South Building where free parking is available. If the door is locked, go to the North building, sign in and get directions to the Atrium.

Social, 6:30 PM; Meeting, 7 PM

2016 Officers & Board Members

President — Judy Cohen

UtahFriendshipForce@gmail.com

judycohen@XMISSION.com

Vice-Pres Programs — Kathleen Mason

kcmason1@msn.com

Secretary — Nona Bressler

don nona@centurylink.net

Treasurer — Doug Ingraham

ingrahamboes@gmail.com

Social Chair — Betsy Heath

elizabethsaltlak@aol.com

Membership Chair —Jennifer Allred

AllredJennifer@gmail.com

Historian — Lotti Wann

lottiw@gmail.com

Alternate Social Events — Susan Hilton

susanehilton@gmail.com

Past President — Margret Boes-Ingraham

ingrahamboes@gmail.com

Newsletter Editor—Dana Hughes

dana92141@comcast.net

Calendar of Events

2017

Open World Leadership Visits

Peruvian Parliament Members

Canceled

Serbia Young Professionals

September 15—23

Summer Activities in Salt Lake City

The Music Man July 28th, Murray City Park See page 2

Summer Barbecue August 15th Bressler Home See page 2

International Conference 2017

August 24—28, Manchester England

Moab Folk Festival Nov 3—5 Moab, Utah See page 4

2018

Incoming Journey

Norderstedt, Germany

April or May, 2018

International Outgoing Journey

Schwerin, Germany

July, 2018

Thanks Xmission



Howdy Folks!

How would you like to travel to Moab for the 15th annual Folk Festival? November 3—5

A bunch of us are planning on going to Moab on November 3rd for two days and two nights of Folk Music. Friday and Saturday nights we go to the high school and in a lovely auditorium we hear world class folk music performed live. During the daytime, people go to the ball field and find more musicians performing and lots of stands with things for sale and food to eat (bring your own chairs). The weather is usually cloudy or sunny but not cold. This year the headliners are Mark Erelli, Chastity Brown, Penny and the Sparrows, Tom Paxton and the Don Juans.

In addition, we are planning on staying at **Pack Creek Ranch** in modern cabins. It will be a fun time for our club to hang around together and share cabins at the foot of the La Sal Mountains, just south of Moab. We will have a barbecue there on Friday night.

By booking together and getting the "Earlybird Special" we can get three-day-passes to the festival and book rooms with two to a room and six to a cabin for a discounted rate of \$235 per person.

If you prefer a motel room in town, J R's Motel will hold rooms with two king beds for \$86 a night and with a 3 day festival pass at \$117, that would be only \$203 per person for two nights.

You can see the cabins at the ranch at Pack-CreekRanch.org. All of these proposals would require a paid reservation by the 28th of June. I will be taking reservations and buying the tickets for you if you pay at the picnic on June 26th.

Other motels in the heart of downtown Moab offer the same package for \$401 at the Redstone Inn or \$621 at the Best Western.

The offer I am proposing is for the Festival's Early Bird Discount, and by doubling up with others in three bedroom cabins at Pack Creek Ranch for two nights, it becomes a real bargain. Remember that for this price, the reservations would need to be made in June!

Moab trip continued

If you are game, bring a check made out to Friendship Force for \$235, and you can sign up for roommates or cabins at the picnic signup sheet.

Jennífer

Membership –Jennifer Allred

We have a new member,
Donna Paulson, who joined last month. She
is a willing home host so we are very excited
to have her in our club. She is a friend of
Margret. Welcome, Donna, and hope to meet
you at the picnic!

Need a magnetic name badge?

I will be placing a new order this summer so if you are interested, let me know at the picnic and I will get those for you before the fall meeting. The cost is 10 dollars each including ship-

Treasurer 's Report— Doug Ingraham

Balance in Checking account is \$3554.20.





Cabin at Pack Creek Ranch, Moab, Utah

Morocco Global Journey: Jennifer Allred

Two of our members, Jennifer Allred and Lottie Wann participated in the Morocco Journey in May of this year. Jennifer and Lottie write of their experiences and shares some of their photos.

I signed up for the Morocco global exchange way back in June of 2016. I knew that I wanted to see the whole country not just a few cities. I am so glad I made the commitment and was able to pay the fees over the course of many months. It was still a bargain! Staying with Moroccans inside the casbah walls was an experience few tourists get. I now have several Moroccan friends who are anxious to correspond with me and I am writing back to them. They found young people to come and communicate with us when they did not speak English. For some of them it was so exciting to have us there that we felt really special. (Who knew that Moroccans kiss four times as they greet you, even more than the French!) They even put on a reenactment of a wedding for us and it was a very special event with a Moroccan band and a special mint tea ceremony with two of us (a couple from New Zealand) playing the bride and groom!

We saw lots of desert, many mountains, even the beach, and visited cities that few tourists get to see. As peace ambassadors we were actually escorted by security and welcomed by the president of one of the universities in Morocco. I was very impressed with the kind of experiences that Friendship Force offers. I am inspired to treat all incoming ambassadors with the utmost respect and do all I can to make their visits to our city and state memorable.

Jennífer





Jennifer's Photos from Morocco





Morocco Global Journey: Lottie Wann

This was my third International Friendship Force trip, and like the other two (Uganda/Kenya in 2013 and Myanmar in 2014), it was a great experience. Although I've been to Africa six other times, it was my first time in northern Africa. We were a group of 27 - 28 couples, nineteen singles, about half from Canada and half from the U.S. plus a couple from New Zealand and a lady from Australia (who was also on the Myanmar trip). It was a very interesting and accomplished group of people and a lot of fun getting to know everyone.

We visited nine different cities with a wide variety of experiences and sights. The "Journey Coordinator" in Morocco was Lotfi Lamrani, who pretty much single-handedly brought Friendship Force to Morocco eleven years ago. I think he's done a great job and he and his assistants Kareem and Abdullah put together a memorable journey for us. Through this journey, we gained great insights into the various regions of Morocco as well as the Muslim religion and the Berber culture. Morocco is a country with a great variety of landscapes and activities - we spent time at the ocean in Casablanca, Rabat and Essourai, in the mountainous "blue" city of Chefchauen, driving the beautiful but harrowing road right through the Atlas mountains, rode camels and looked at fossils in the desert near Erfoud, saw movie sets in Quarzazate, stayed in a Berber village, wandered through the medina in Fez, visited the kasbah in Marrakech and so much more .But the highlight had to be all the wonderful people we met, who were so friendly and helpful. Did you know that Morocco was the first country to recognize our new country when we first gained our independence from Britain? Morocco itself gained independence from France in 1956 and Arabic and French are the two main languages spoken. Today, Morocco is one of the most progressive countries in Africa.

If you want to meet interesting people from all over the world, please consider going on an International Friendship Force trip.



Lottie



Lottie's Photos from Morocco





GLOBE TROTTERS

Friendship Force of Utah Members

We are adding a new section that presents travels of our members. Let us know about your travels with FF groups and other international travels and we will put this in the next newsletter. Recent travels that we know about include the following:

Where have you been?

Donna Mirabelli: Caribbean

E-mail information to

dana92141@comast.net.

Please put travel in the subject line.

GREAT REASONS TO HOST

One of the best ways to promote global understanding across the barriers that separate people is to host an ambassador in your home. Show them your community, city, country and culture, and learn about theirs over meals, laughter, and shared experiences.

Are you considering travel to another country, but want to know more about it from a citizen of that region before you go? Consider hosting an ambassador from that area in your home for a week. Do you have young ones in your home, and want to open their minds to cultures other than your own? Is your budget too tight to travel? Consider hosting for a week to make a friend from one of sixty countries around the world! Are you studying a foreign language? Would you like to possibly host someone for a week in your home who is a native speaker? Have you made a friend with someone from another country when traveling? Would you like to pay that forward by hosting a foreign visitor in your home to teach about your culture and daily life?

From International Friendship Force Website. https://thefriendshipforce.org/become-a-host/

SAVE the DATE

Tuesday, June 27th 11:00 AM

Special Osher / Friendship Force Event

Save the Date for a free Osher panel healthcare discussion on **Tuesday**, **June**27th at 11 AM. Osher instructor, Rod

Julander and Danny Harris, the Associate

State Director of Advocacy for AARP in Utah will discuss the political process (and politics) of creating healthcare legislation and what is at stake in the fight for the ACA and Medicare.

Free and open to the public

Tuesday, June 27, 2017

11 AM – 12:30 PM

Officer's Club, Fort Douglas

The Osher Lifelong Learning Institute, University of Utah offers courses, lectures & events for mature adults. We hope to cosponsor more activities with this organization in the future.

https://continue.utah.edu/osher